

# March 2025



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					<p><b>Conscious Life Holistic Wellness Festival.</b> \$20 day pass. personal growth mindfulness, spirituality, and sustainable, eco-conscious living. Follow link below to purchase tickets.</p>	<p><b>Fisherman Markets.</b> 6am – 12pm Browse through dozens of stalls of fresh fruit, preloved clothes and food.</p>
3	4	5	6	7	8	9
<p>All <b>Public transport</b> is now. 50c. Would you like to learn how to catch the bus or train?</p>	<p>10am <b>Hit room class</b>  <b>Aqua Aerobics.</b> Nambour Aquatic Centre. \$5 with a concession card. Ask your support worker to help you register following the link!</p>	<p>10am <b>Nature Walk:</b> La Balsa. Ask your support person to check on Tommy for more details.  5:30-7:30pm. <b>Learn to Crochet.</b> Follow link to book a spot!</p>	<p>10:15am <b>Hit Room Class</b>  11:30am <b>Maroochy waters mini golf.</b> Get your support person to confirm on Tommy. </p>	<p><b>The Very Hungry Caterpillar Show.</b> Caloundra Events Centre. Tickets are \$30. Follow link below to book tickets! <b>Tour Maleny Dairies.</b> Explore the farm and see how the milk is produced. Follow link for more information!</p>	<p>7am <b>Birtinya Island</b> Meeting spot: Southbank Parkway. FREE. Ask your support worker to help you register following the link!</p>	<p><b>Maleny Sunday Markets.</b> Located at Maleny RSL Hall. Browse through local produce, arts and craft and food!</p>
10	11	12	13	14	15	16
<p><b>Great Botanic Clue Hunt.</b> FREE Any day of the week. Come into the office and we can print out the hunt map </p>	<p>10am <b>Hit room class</b>  11:30am <b>Bowling at Strike.</b> Get your support person to confirm on Tommy. </p>	<p>10am <b>Nature Walk:</b> Currumbundi Lake Ask your support person to check on Tommy for more details. </p>	<p>10:15am <b>Hit room class</b>  11:30am Meet at <b>Kings Beach Ocean Pool.</b> Bring a packed lunch and cool off from the warm weather. </p>	<p><b>Lawn Bowls</b> 10.30am \$5.00 Mooloolaba Get your support person to confirm on Tommy for you. </p>	<p>7am <b>Baringa Parkrun</b> Meeting spot: Baringa Park. FREE. Ask your support worker to help you register following the link!</p>	<p><b>Noosa Farmer Markets.</b> 6am – 12pm. Discover an array of organic fruits and vegetables, gourmet condiments, and hand-crafted products. </p>
17	18	19	20	21	22	23
<p>All <b>Public transport</b> is now. 50c. Would you like to learn how to catch the bus or train?</p>	<p>10am Hit room class  <b>Inclusive book club</b> located at Gunnabul Homestead, Gympie. 11am-1pm. \$5 entry. Contact <b>0434 740 871</b> to register interest!</p>	<p>10am <b>Nature Walk:</b> Nambour Parklands. Ask your support person to check on Tommy for more details. </p>	<p>10:15am <b>Hit room class</b>  Kids Yoga and mindfulness with Erika. 5 – 10 years old. Ask your support worker to help you register following the link!</p>	<p>11am <b>BBQ &amp; Lawn Games</b> @ Cotton Tree Park. Ask your support person to check on Tommy. </p>	<p>7am <b>Nambour Park Run.</b> Meeting spot: Nambour Parklands. FREE. Ask your support worker to help you register following the link!</p>	<p><b>Sunshine Coast Chilli and Chocolate Festival @ The Station.</b> \$2 entry! 11-4pm. Follow link for more information! </p>
24	25	26	27	28	29	30
<p><b>Great Botanic Clue Hunt.</b> FREE Any day of the week. Come into the office and we can print out the hunt map </p>	<p>10am Hit room class  11:30am <b>Bowling at Strike.</b> Get your support person to confirm on Tommy. </p>	<p>10am <b>Nature Walk:</b> Kawana Lake, ask your support person to check on Tommy for more details. 3:30 – 7pm: <b>Lookout 07,</b> FREE for ages 12-25. The centre has a fully equipped gym, half basketball court, pool table, table tennis table, indoor games space and chill out zone. Follow link for more information!</p>	<p>10:15am Hit room class  11:30am <b>Maroochy waters mini golf.</b> Get your support person to confirm on Tommy. </p>	<p><b>Lawn Bowls</b> 10.30am \$5.00 Mooloolaba Get your support person to confirm on Tommy for you. </p>	<p>7am <b>Brightwater Park Run.</b> Meeting spot: Brightwater Park. FREE. Ask your support worker to help you register following the link!</p>	<p><b>GATHAA First Nations Market.</b> 9am-2pm. Located at Forest Glen Village. Market with meaningful cultural connections and experiences. </p>
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<p>All <b>Public transport</b> is now. 50c. Would you like to learn how to catch the bus or train?</p>						

Holistic Wellness Festival - <https://events.humanitix.com/conscious-life-holistic-wellness-festival-2025/tickets>

The Very Hungry Caterpillar Show <https://theeventscentre.com.au/event/the-very-hungry-caterpillar-show/>

Aqua Aerobics [https://sunshine-coast-council.trumba.com/healthy-sunshine-coast/Aqua-Aerobics/E175305790?utm\\_source=sunshine%2Bcoast%2Bcouncil&utm\\_medium=website](https://sunshine-coast-council.trumba.com/healthy-sunshine-coast/Aqua-Aerobics/E175305790?utm_source=sunshine%2Bcoast%2Bcouncil&utm_medium=website)

Great Botanic Race: Printed copies available in office: <https://botanic-garden.sunshinecoast.qld.gov.au/see-and-do/whats-on/great-botanic-race>

Learn to travel through your supports: <https://www.queenslandsavers.qld.gov.au/tips-to-save/50-cent-public-transport-fares#:~:text=The%2050%20cent%20flat%20rate,Find%20out%20more%20at%20Translink.>

Lookout 07 <https://lookout07.org.au/>

Kids Yoga and Mindfulness [https://sunshine-coast-council.trumba.com/healthy-sunshine-coast/Kids-Yoga-and-Mindfulness/E179279846?utm\\_source=sunshine%2Bcoast%2Bcouncil&utm\\_medium=website](https://sunshine-coast-council.trumba.com/healthy-sunshine-coast/Kids-Yoga-and-Mindfulness/E179279846?utm_source=sunshine%2Bcoast%2Bcouncil&utm_medium=website)

Markets - <https://www.visitsunshinecoast.com/guide/sunshine-coast-markets>

Scone Time <https://www.weekendnotes.com/sconetime-february-2025/>

Learn to crochet <https://www.crochetaustralia.com.au/product/crochet-class-learn-the-interlocking-crochet-technique/>

Sunshine Coast Chill Festival [https://www.moshtix.com.au/v2/event/sunshine-coast-chilli-chocolate-festival/176229?ref=RSS\\_StationSC&skin=thestationsc](https://www.moshtix.com.au/v2/event/sunshine-coast-chilli-chocolate-festival/176229?ref=RSS_StationSC&skin=thestationsc)

Maleny Dairies <https://www.malenydairies.com/farm-tours>

#### **Important Information:**

**~Bring a companion card if you have one to all paid events, please if you have one.**

**~Remember water bottle, hat and sunscreen for all outdoor Adventures.**

**~Call the office to confirm your attendance for any activity or follow the links above to book ticket events in advance to not miss out.**